

GKSM GOVERNMENT COLLEGE, TANDA URMAR (HOSHIARPUR)

Capacity building and Skills enhancement initiatives taken by the institution

(5.1.2)

SESSION-2019-2020

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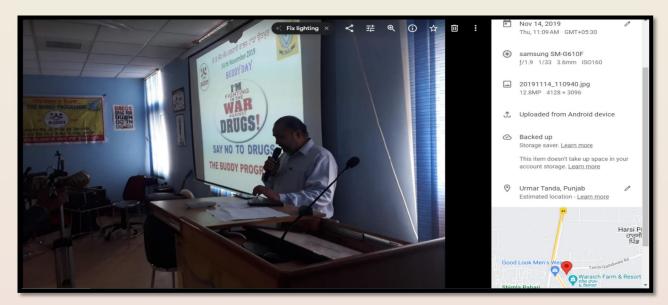


5.1.3 Capacity building and skills enhancement initiatives taken by the institution include the following

1. Soft skills:

Title: Creating Awareness through Seminar on Promoting a Drug-Free Campus -14-11-2019

Report: On November 14, 2019, our institution celebrated Buddy Day with a compelling theme: "Say No to Drugs." This event, organized by the Fine Arts Department, brought together 26 students who collaborated to raise awareness about the dangers of drug abuse. The day was a harmonious blend of artistic expression and meaningful discourse, emphasizing the importance of maintaining a drug-free environment. Through engaging activities, discussions, and creative showcases, the students effectively conveyed the anti-drug message. The event showcased not only the artistic talents of the participants but also highlighted the institution's commitment to addressing crucial societal issues through innovative and impactful means. The Buddy Day Celebration, with its emphasis on a drug-free community, stands as a testament to the collective efforts of students in promoting a healthier and more conscious campus environment.

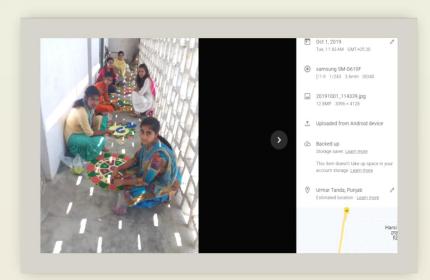




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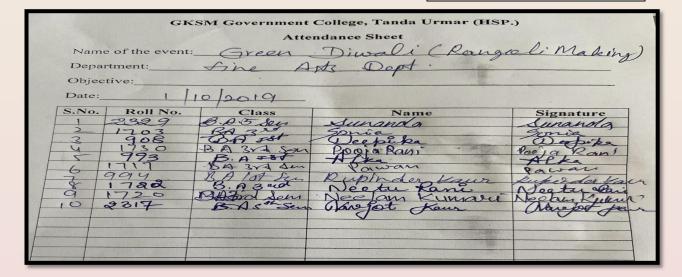
Title: Inculcating Soft Skills through Rangoli Making- 1-10-2019



Report: The Rangoli Making event on October 1, 2019, organized by the Fine Arts Department, provided a platform for skill enhancement and capacity building among participating students. Through intricate designs, students refined artistic skills in design, composition, color coordination, and while fostering teamwork

and communication. The collaborative environment encouraged effective group dynamics, enhancing interpersonal skills. Additionally, showcasing talents instilled confidence and self-assurance in participants. The event's theme of promoting a green Diwali sparked discussions on sustainability, broadening awareness of societal issues. Overall, the event celebrated cultural expression while facilitating multifaceted skill development, contributing to students' holistic growth within the campus community.

Attendance Sheets





Theme: Developing Soft skills through Engaging students during Nukkar Natak on Anti-Drug Theme- 17-02-2020



Report: On February 17, 2020, our institution staged a compelling Nukkar Natak (street play) with a poignant theme "Against Drug," witnessed by an engaged audience of 68 students. The performance served as a powerful medium to raise awareness about the perils of drug abuse within our community and society at large. The Nukkar Natak was meticulously crafted to deliver a strong anti-drug message through dramatic storytelling and impactful dialogue.

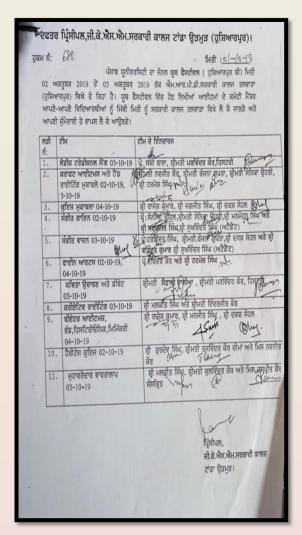
Attendance Sheets

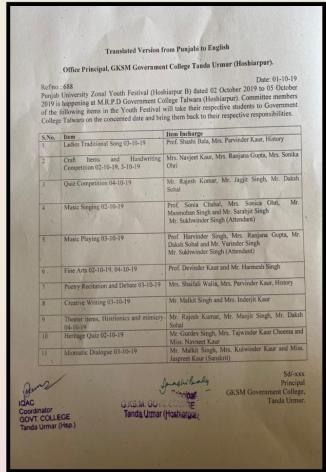
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S.No.	Name	Class	S.No.	Name	Class
1	Sandeep kaur	BA 1 sem		Manpreet kaur	BA 1 sem
2	Rajinder kaur	BA 1 sem	36	Manjot singh	BA 1 sem
3	Monika	BA 1 sem	37	Kulwinder singh	BA 1 sem
4	Dimple	BA 1 sem	38	Rajveer singh	BA 1 sem
5	Anisha	BA 1 sem	39	Yuvraj singh	BA 1 sem
6	Vanshika	BA 1 sem	40	Aditya	BA 1 sem
7	Sonia Kumari	BA 1 sem	41	Barjesh bansal	BA 1 sem
8	Sandeep kaur	BA 1 sem	42	Harman	BA 1 sem
9	Simranjit kaur	BA 1 sem	43	Bhupinder singh	BA 1 sem
10	Kavita Sharma	BA 1 sem	44	Vishal	BA 1 sem
11	Priya	BA 1 sem	45	Vishal	BA 1 sem
12	Balpreet kaur	BA 1 sem	46	Diljot singh	BA 1 sem
13	Jaspreet kaur	BA 1 sem	47	Parkash jha	BA 1 sem
14	Sonam bann	BA 1 sem	48	Gourav	BA 1 sem
15	Sawanjit kaur	BA 1 sem	49	Sourav bharmota	BA 1 sem
16	Roshni kumari	BA 1 sem	50	Sahil kumar	BA 1 sem
17	Navjot kaur	BA 1 sem	51	Rahul kumar	BA 1 sem
18	Lala	BA 1 sem	52	Maninder singh	BA 1 sem
19	Vishal	BA 1 sem	53	Taranpreet Kaur	B.Sc Agri
20	Karamveer singh	BA 1 sem	54	Jaspreert Kaur	B.Sc Agri
21	Gurpreet kaur	BA 1 sem	55	Lovepreet kaur	B.Sc Agri
22	Gobinda sharma	BA 1 sem	56	Gurpinder Kaur	B.Sc Agri
23	Manpreet kaur	BA 1 sem	57	Ranjna	B.Sc Agri
24	Komalpreet kaur	BA 1 sem	58	Ranmandeep Kaur	B.Sc Agri
25	Simranjit	B.Sc Med	59	Harshdeep	B.Sc Agri
26	Pridhi	B.Sc Med	60	Pooja	B.Sc Agri
27	Sangita	B.Sc Med	61	Subhpreet Kaur	B.Sc Agri
28	Rajni	B.Sc Med	62	Harmanjot	B.Sc Agri
29	Manraj Kaur	B.Sc Med	63	Navjot	B.Sc Agri
30	Anu Kapoor	B.Sc Med	64	Tanu Bharti	B.Sc Agri
31	Sunaina	BA 1 sem	65	Ramandeep Kaur	B.Sc Agri
32	Muskan	BA 1 sem	66	Jasmine Kaur	B.Sc Agri
33	Anmol	BA 1 sem	67	Sakshi	BA 1 sem
34	Manisha	BA 1 sem	68	Gagan	BA 1 sem



Title: Nurturing Soft Skills: Empowering Youth through Festival Participation -02-10-2019 to 05-10-2019

Report: During the Youth Festival held from October 2 to October 5, 2019 (zonal) and 01-11-2019 to 04-11-2019 (Inter-Zonal), organized by the Youth Welfare Department, 76 (zonal) and 1 (Inter Zonal) students from our institution actively participated, showcasing their talents in various cultural, literary, and artistic competitions. Notable achievements included Manpreet Singh securing the first prize in Tabla and achieving the third position in Classical Music Vocal, while Ramandeep Kaur and Gurbachan Singh claimed the third spot in Poster Making and Collage Making, respectively. In Muhavaredar Vartalaap (Idiomatic Dialogue), Simran, Kuldeep Singh, and Kuljeet Kaur collectively secured the third position. Amandeep Kaur, Gaganjot Kaur, and HarpreetKaur demonstrated their prowess by securing the second position in the Heritage Quiz competition. These achievements not only reflect the diverse talents and dedication of our students but also highlight the success of the Youth Welfare Department in fostering a vibrant and competitive cultural atmosphere within our institution.







Attendance Sheets

	ZONAL YOUTH FESTIVAL	
STUDENT NAME	EVENT	PRIZE
MANPREET SINGH	TABLA	1st
RAHUL BHARDWAJ	NON-PERCUSSION	3rd
MADHU BALA	FOLK SONG	
JAIDEEP MANPREET SINGH	GAZAL CLASSICAL MUSIC VOCAL	3rd
MADHU BALA	GROUP SONG	310
HARMANPREET	GROUP SONG	
MANOJ KUMAR	GROUP SONG	
NARINDER SINGH	GROUP SONG	
JATIN KUMAR	GROUP SONG	
JAIDEEP SINGH KOMALPREET KAUR	GROUP SONG	
TALJINDER KAUR	HISTIONICS	
JATINDER KUMAR	BHANEL	
YOGESHPAL	BHANEL	
SONI	MIMICRY	
AMANDEEP KAUR	DEBATE DEBATE	
KOMALPREET KAUR ANJALI	LADIES TRADITIONAL SONG	
KALPNA DEVI	LADIES TRADITIONAL SONG	
NAVJOT	LADIES TRADITIONAL SONG	
ANAMICA	LADIES TRADITIONAL SONG	
ASHNA DEVI	LADIES TRADITIONAL SONG	
MANINDERJIT KAUR	LADIES TRADITIONAL SONG	
SONI KUMARI	ESSAY WRITING ESSAY WRITING	3rd
RAJA	ESSAY WRITING	
MILANPREET SINGH	ESSAY WRITING	
NANDINI SHARMA	ESSAY WRITING ESSAY WRITING	
SIMRANJEET KAUR	ESSAY WRITING	
MILANPREET SINGH	POEM WRITING	2nd
SIMRAN KULDEEP KUMAR	MUHAVEDAR VARTALAP MUHAVEDAR VARTALAP	2nd 2nd
KULJIT SINGH	MUHAVEDAR VARTALAP	2nd
SUNIL CHOPRA	QUIZ	
PALVI	QUIZ	
AARTI	QUIZ	
RUPINDER KAUR	RANGOLI	
HARMANPREET REKHA DEVI	RANGOLI CLAY MODELING	
DIKSHA	CLAY MODELING CLAY MODELING	1
HEMA	ON THE SPOT PAINTING	
MANDEEP LAL	ON THE SPOT PAINTING	
KULJINDER SINGH	STILL LIFE	
KRISHNA	STILL LIFE PHOTOGRAPHY	
KOMAL SANDHER PARAMJIT SINGH	CARTOONING	_
NEELAM	CARTOONING	
RAMANDEEP KAUR	POSTER MAKING	3rd
AMRITPAL SINGH	POSTER MAKING	
GURBACHAN SINGH	COLLAGE MAKING	3rd
AMANDEEP KAUR	HERITAGE QUIZ	3rd
GAGANJOT KAUR HARPREET KAUR	HERITAGE QUIZ HERITAGE QUIZ	3rd 3rd
PREETI	MEHNDI	3rd
MANJIT KAUR	KNITTING	
AMANDEEP KAUR	CROCKET WORK	
RAJWINDER	CROSS-STITCH	
MONIKA RANI	BAGH	
NAVDEEP KAUR MANPREET KAUR	PHULKARI NAALA MAKING	_
PARMINDER SINGH	PEEHRI MAKING	
PRIYANKA	ENNU MAKING	
SIMRAN	PRANDA	
LOVEPREET KAUR	CHIKKU	
SUKHPREET KAUR	GUDDYAN PATOLE	2-4
AMANPREET SINGH	TOKRI MAKING KHIDDO	3rd 3rd
ARPANA KUMARI BHUPINDERJIT SINGH		2nd
TAJINDER SINGH	PAKHI	2nd
SHALU	MITTI DE KHIDONE	2nd
HARKAMAL KAUR	HAND WRITING(ENGLISH)	
NEELAM	HAND WRITING(ENGLISH)	2nd
KOMAL SANDHU	HAND WRITING(HINDI)	3rd
RAVINDER KAUR AMANPREET SAINI	HAND WRITING(HINDI) HAND WRITING(PUNJABI)	210
DEEP SHIKHA	HAND WRITING(PUNJABI)	
SUNIL CHOPRA	QUIZ	

INTERZONAL YOUTH FESTIVAL				
STUDENT NAME	EVENT	PRIZE		
MANPREET SINGH	TABLA			



Title: Beyond Books: A Workshop on Comprehensive Skills for Competitive Exams -03-11-2019

Report: On November 3, 2019, a seminar titled "Beyond Books: Holistic Preparation for Competitive Exams" was conducted, attracting 74 participants. The event aimed to move beyond traditional exam preparation methods, focusing on a comprehensive approach. Expert speakers addressed aspects such as mental well-being, time management, and effective study strategies to

GKSM Government College, Tanda Urmar (HSP.) Attendance Sheet Name of the event: Beyond Books: A Alminas on Holstic Department: Objective 3/11/2019 Roll No. Name Signature 8 36 Reals Party Rayunder town Populla 957 mandeeb tous Tanveer town 978 Naudreb kaun Sunita Bai Raman Rhotti Nayet tour Mya Rami Opsituden Ingh agu 996 aaa NAS 1306 Dyunder Sigh 1327 tulveer 1336 Akashdreb 1354. Hatam Singh 1357 vishal 1316 Sagar 1372 mompreet Sigs 1378 awyest Sign 1387 1303 Sukheler Shigh Harsmoran Shish Harringon Eucles tanoar kweley Fo 1396 Jaskagm 1405

Attendance Sheets

provide participants with a well-rounded guide for success in competitive exams. This workshop contributed significantly to promoting a balanced and efficient preparation methodology for competitive exams, emphasizing not only academic knowledge but also essential life skills.

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Title: Confident Conversations: A Roadmap to Effective Communication in Career Journey-17-11-2019

Report: On November 17, 2019, Professor ParvinderKaur, from the Department of History, conducted a seminar titled "Confident Conversations: A Roadmap to Effective Communication in Career Journey." The event attracted 67 students and focused on enhancing communication skills within the context of career development. ProfessorKaur skillfully combined historical insights with practical communication strategies, creating an interactive learning atmosphere.

The seminar aimed to underscore the importance of confident communication in professional



advancement and equipped participants with practical tools like Effective body language, active listening skills etc. to navigate diverse communication scenarios with assurance. Overall, the session made a meaningful contribution to the comprehensive development of the attendees.

(67)	1365-7		Attendanc	e Sheets
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13			Haprilet Kaur	Sumbland
14	THE RESERVE TO SERVE		Priyer Perni	Hampred K
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83			Rami	Rami
24			Mamta	Meinta
85			Manperet Keur	
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44	984		Hamonpacet la	Harmender
45	913		Simter	Simtan
46	978		Navoleep lane	CN.10
47	975		Knyonika	Pryenta
43	1772		Anista	anth
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2. Life skills (Yoga, physical fitness, health and hygiene),

Title: Artistic Activism: Environmental Awareness and Water Conservation-1-10-2019



Report: Participating in the Swachh Bharat Abhiyan on October 1, 2019, provided our institution's students with a valuable life skill: the ability to contribute meaningfully to society through environmental stewardship. Organized by the Fine Arts Department, this initiative engaged 16 students, including Harjot Singh, Aarzoo, and Manpreet Kaur, in promoting cleanliness, environmental awareness, and water

conservation. Through artistic expressions like paintings, installations, and awareness campaigns, they learned how to effectively communicate the importance of preserving our environment and conserving water resources. This experience honed their abilities to collaborate, innovate, and advocate for social and environmental responsibility, essential skills for navigating and positively impacting their communities and the world at large. In aligning with the larger national movement for a cleaner and sustainable future, these students not only showcased their creative talents but also acquired invaluable life skills that will serve them well throughout their lives.



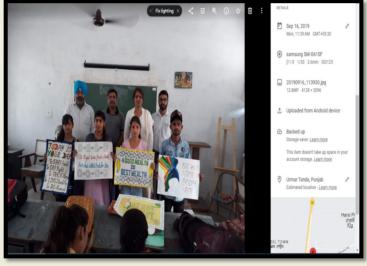


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Title: Life Skills Demonstrated in Poster Making Event (Theme- Tandrust Punjab)-16-09-2019

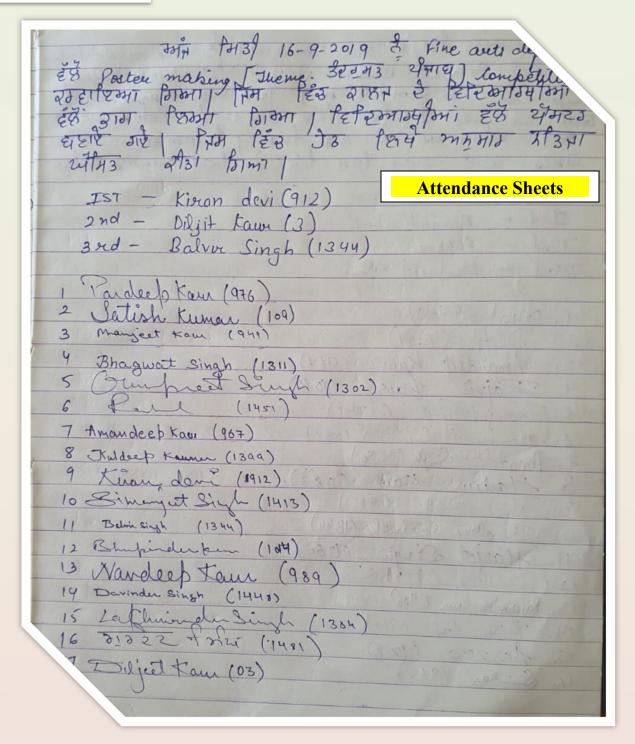
Report: Participating in the Poster Making event organized by the Fine Arts Department on September 16, 2019 bestowed upon the students of our institution a vital life skill: the ability to advocate for and promote community health. With Kiran Devi securing the first position, Diljit Kaur the second, and Balvir Singh the third, these students demonstrated their proficiency creatively addressing the theme of "Tandrust Punjab." Their posters served compelling visual narratives. as



conveying messages on physical fitness, environmental sustainability, and overall well-being. Through this experience, they honed skills in communication, creativity, and social awareness—essential attributes for championing healthier communities. Their participation not only showcased their artistic talents but also highlighted their commitment to fostering a healthier Punjab. This event underscored the importance of utilizing creativity as a tool for promoting public health and well-being, equipping the students with valuable life skills that they can apply in various aspects of their lives.



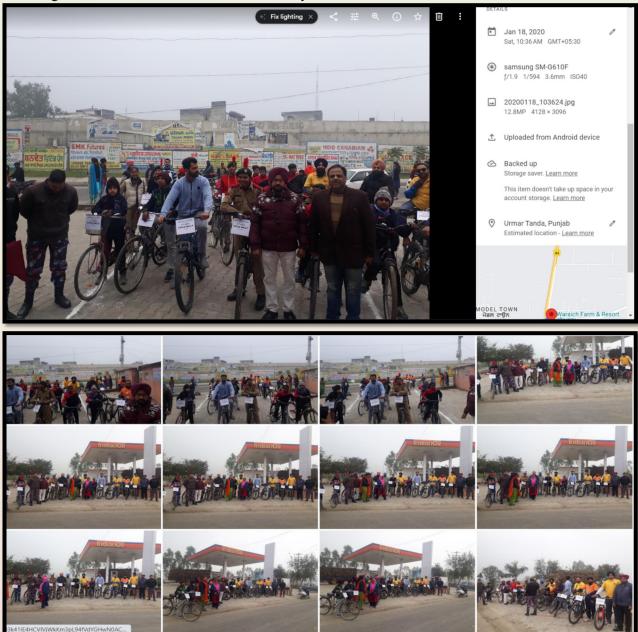






Title: Pedaling Towards Wellness: Life Skills Demonstrated in 'Fit India' Cycle Rally- 18-Jan-2020

Report: On January 18, 2020, a vibrant Cycle Rally was organized under the "Fit India" initiative, drawing active participation from 46 students representing various departments of our institution. The rally aimed to promote a healthy lifestyle and physical fitness among the student community. The participants, pedaling through designated routes, not only showcased their enthusiasm for cycling but also demonstrated a commitment to the larger national goal of fostering an active and health-conscious society.





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Title: Fostering Fitness: Life Skills Cultivated Through 'Fit India Movement' Seminar-29-Aug-2019

Report: On August 29, 2019, our institution actively participated in a Seminar organized under the "Fit India Movement," in collaboration with DPI Colleges, with participants. The seminar served as a pivotal platform for creating awareness about the significance of fitness and a healthy lifestyle. Adding prestige to the event, a lecture by Honorable Prime Minister Narendra Modi was broadcasted, where he emphasized transformative power of fitness and encouraged individuals to prioritize their health.



Collaborating with DPI Colleges, the seminar not only provided valuable insights from experts but also inspired individuals to adopt a healthier lifestyle. The event reached its culmination with a pledge-taking ceremony, reinforcing the commitment of participants to integrate fitness into their daily lives and promote it among their peers. The inclusion of Prime Minister Narendra Modi's lecture added a national perspective to the initiative, aligning our institution's efforts with the broader vision of building a fitter and healthier India.





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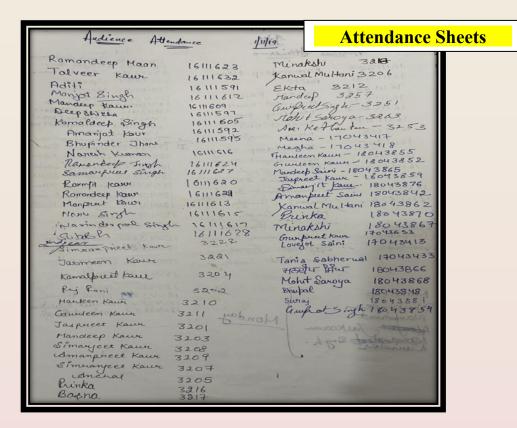
3. Language and communication skills,

Title: Presentation (Communication Skills)-25-10-2019 to 19-11-2019



Report: The presentation organized by the Agriculture Department from October 25, 2019, to November 19, 2019, played a crucial role in enhancing the skills of 52 participating students by integrating effective communication techniques in lieu of ICT and smart classroom technologies. Going beyond traditional lectures, the program created an environment where students actively participated in presenting topics related to agriculture, cultivation practices, and modern cultivation concepts. This unique approach not only deepened the students' understanding of agricultural subjects but also polished their

presentation and communication skills, enabling them to articulate complex concepts with confidence.





Title: Harnessing Language and Communication Skills: Insights from the Essay Writing Competition -25-10-2019 to 19-11-2019

Report: On January 26, 2020, the Punjabi Department organized an Essay Writing Competition that saw participation 19 enthusiastic from students. The event provided a platform for students to showcase their linguistic and creative prowess in expressing their thoughts on a given topic. Among the notable achievements, Damanpreet Kaur secured the first position, demonstrating exceptional articulation and insight on the chosen topic. Gurpreet Singh the second position, showcasing a commendable understanding of the subject matter, while Neelam claimed the third position,

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adding a unique perspective to the competition. The students, armed with pens and ideas, engaged in a thoughtful exploration of the chosen topic, pouring their insights onto paper. Such events, organized by the Punjabi Department, play a crucial role in promoting and preserving the rich linguistic and cultural heritage of Punjab.

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Title: Articulating Knowledge: Teaching life Skills in the Science Quiz- 9-11-2019

Report: On November 9, 2019, the Science Department organized a dynamic Science Quiz to commemorate the 550th Guru Purab, with active participation from 62 students. The intriguing aspect of the competition was the formation of four teams, namely Team A (Sahil Dadwal and team), Team B (Tarun Singh and team), Team R (Taranjit Kaur and team), and Team S (Navdeep Singh and team), each consisting of three students, selected through a common process of general writing and questioning. This unique approach not only emphasized inclusivity but also facilitated collaborative learning experiences. The event seamlessly blended scientific knowledge with cultural and spiritual significance, providing a distinctive platform for interdisciplinary learning. Team S demonstrated exceptional expertise, securing the first prize with a profound understanding of both science and the teachings of Guru Nanak Dev Ji. Team B claimed the second position with commendable performance, and Team A secured the third prize, contributing a distinctive perspective to the competition.







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