



**GKSM GOVERNMENT COLLEGE,  
TANDA URMUR (HOSHIARPUR)**

# **Benefitted Students by Career Counseling and Guidance Programmes**

## **(5.1.3)**

**Session: 2019-2020**

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## GKSM Government College, Tanda Urmar (Hoshiarpur)

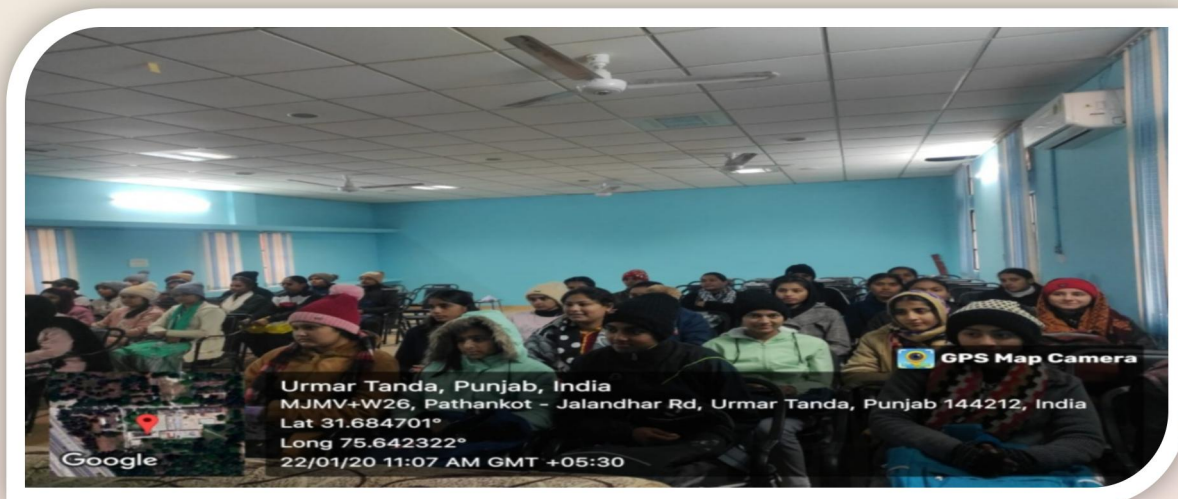
### 5.1.3 Percentage of students benefitted by guidance for competitive examinations and career counselling offered by the institution during the last five years

#### Details of career counseling

#### Title: Women Empowerment through Career Development Opportunities- 22-01-2020



**Report:** On January 22, 2020, a significant event organized by department of agriculture focused on women's empowerment through career development took place, attended by 57 women. Professor Jasmine's expertise elevated the session, providing insights into diverse career paths, skill development, and leadership roles. The event aimed to empower women across professional domains, encouraging them to envision broader career horizons. Professor Jasmine's discourse inspired participants, fostering an environment conducive to breaking down gender barriers. This event marked a significant step towards fostering inclusivity and equality by empowering women in various career opportunities.





# GKSM Government College, Tanda Urmar (Hoshiarpur)

## Attendance Sheet

GKSM Government College, Tanda Urmar (HSP.)

### Attendance Sheet

Name of the event: Women Empowerment through Career Development Opportunities

Department: \_\_\_\_\_

Objective: \_\_\_\_\_

Date: 22/1/2020

S.No.	Roll No.	Class	Name	Signature
1.	2372		mamta	
2.	2326		Harpreet Kaur	
3.	2378		Purnam Rani	
4.	2382		Mandeep Kaur	
5.	903		Karandeep Kaur	
6.	906		Rajwinder Kaur	
7.	912		Sunita Rani	
8.	915		Sonali	
9.	920		Haralpreet Kaur	
10.	939		Anyali	
11.	944		Aarti Devi	
12.	972		Tanvir Kaur	
13.	957		mandeep kaur	
14.	328		Harpreet Kaur	
15.	999		Priya Rani	
16.	2366		J Rani	
17.	2334		manpreet kaur	
18.	2336		Preeti	
19.	2338		manjinder kaur	
20.	2346		Pooja Rani	
21.	2354		Amaryit Kaur	
22.	930		Komalpreet Kaur	
23.	933		Riya Devi	
24.	1014		Bhupinder Kaur	
25.	978		Nandeep Kaur	
26.	1012		Gajandeep Kaur	



## GKSM Government College, Tanda Urmar (Hoshiarpur)

S.No.	Roll No.	Class	Name	Signature
27	1784		Rupinder Kaur	Rupinder Kaur
28	1782		Shamandeep Kaur	Shamandeep Kaur
29	1752		Prabhjot Kaur	P.K.
30	1704		Sandeep Kaur	S.P.
31	2386		Satwinder Kaur	S.P.
32	2382		Mandeep Kaur	Manika
33	1744		Amsanjit Kaur	A.
34	1750		Navjot Kaur	N.K.
35	1754		Sukh preet Kaur	Sukh preet
36	951		Harman preet Kaur	Harman
37	2362		Gurpreet Kaur	G. Kaur
38	2330		Anjana Davi	An
39	2350		Asha Davi	Asha Davi
40	921		Anjali	Anjali
41	949		Harleen	Harleen
42	2380		Asha Devi	Asho Devi
43	1024		Dimpy	Dimpy
44			Balvir Kaur	Balvir Kaur
45			Anisha	Anisha
46			Vanshika	Vanshika
47			Sonia Kumari	Sonia Kaur
48			Roshni Kumari	Roshni
49			Simranjit Kaur	Simran
50			Sowmya Kaur	Sowmya
51			Priya	Priya
52			Kavita Sharma	Kavita Sharma
53			Monika	Monika
54			Balpreet Kaur	Balpreet
55			Sonam bann	Sonam
56			Gurpreet ban	Gurpreet
57			Sandeep Kaur	Sandeep



# GKSM Government College, Tanda Urmar (Hoshiarpur)

## Guidance for competitive examinations

### Title: Beyond Books: A Seminar on Holistic Preparation for Competitive Exams-03-11-2019

**Report:** On November 3, 2019, a seminar titled "Beyond Books: Holistic Preparation for Competitive Exams" was conducted, attracting 74 participants. The event aimed to move beyond traditional exam preparation methods, focusing on a comprehensive approach. Expert speakers addressed aspects such as mental well-being, time management, and effective study strategies to provide participants with a well-rounded



guide for success in competitive exams. This seminar contributed significantly to promoting a balanced and efficient preparation methodology for competitive exams, emphasizing not only academic knowledge but also essential life skills.

GKSM Government College, Tanda Urmar (HSP.)  
Attendance Sheet

Name of the event: Beyond Books: A Seminar on Holistic Preparation for Competitive Exams

Department: \_\_\_\_\_

Objective: \_\_\_\_\_

Date: 3/11/2019

S.No.	Roll No.	Class	Name	Signature
1	936		Reetu	Reetu
2	947		Pavinder Kaur	Pavinder Kaur
3	951		Bhavana	Bhavana
4	957		Mandeep Kaur	Mandeep Kaur
5	972		Jamveer Kaur	Jamveer Kaur
6	978		Nanddeep Kaur	Nanddeep Kaur
7	984		Sumita Rai	Sumita Rai
8	993		Raman Bhatti	Raman Bhatti
9	996		Maya Kaur	Maya Kaur
10	999		Maya Kaur	Maya Kaur
11	1008		Jaswinder Singh	Jaswinder Singh
12	1306		Manan	Manan
13	1309		Deewan Singh	Deewan Singh
14	1327		Deewan Singh	Deewan Singh
15	1338		Kuldeep Singh	Kuldeep Singh
16	1354		Aakashdeep	Aakashdeep
17	1357		Hakam Singh	Hakam Singh
18	1363		Vishal	Vishal
19	1376		Sagar	Sagar
20	1377		Lukesh	Lukesh
21	1378		Mandeep Singh	Mandeep Singh
22	1387		Arjun Singh	Arjun Singh
23	1393		Sukhdev Singh	Sukhdev Singh
24	1398		Harjot Singh	Harjot Singh
25	1400		Kuldeep Kaur	Kuldeep Kaur
26	1405		Jasdeep	Jasdeep

GKSM Government College, Tanda Urmar (HSP.)  
Attendance Sheet

Name of the event: \_\_\_\_\_

Department: \_\_\_\_\_

Objective: \_\_\_\_\_

Date: \_\_\_\_\_

S.No.	Roll No.	Class	Name	Signature
27	2302	Group	Gurpreet Kaur	Gurpreet Kaur
28	2304		Pooja	Pooja
29	2310		Mamta	Mamta
30	2318		Babhyat	Babhyat
31	2319		Pavleen Kumari	Pavleen Kumari
32	2320		Pavleen Kaur	Pavleen Kaur
33	2320		Mandeep Devi	Mandeep Devi
34	2326		Pooja	Pooja
35	2326		Pooja	Pooja
36	2327		Pooja	Pooja
37	2327		Pooja	Pooja
38	2342		Mandeep Singh	Mandeep Singh
39	2346		Bhavya Kaur	Bhavya Kaur
40	2347		Pooja	Pooja
41	2354		Mandeep Singh	Mandeep Singh
42	2358		Pooja	Pooja
43	2358		Pooja	Pooja
44	2612		Mandeep Singh	Mandeep Singh
45	2614		Mandeep Singh	Mandeep Singh
46	2622		Mandeep Singh	Mandeep Singh
47	2623		Mandeep Singh	Mandeep Singh
48	2628		Mandeep Singh	Mandeep Singh
49	2631		Mandeep Singh	Mandeep Singh
50	2632		Mandeep Singh	Mandeep Singh
51	2632		Mandeep Singh	Mandeep Singh
52	2633		Mandeep Singh	Mandeep Singh
53	2636		Mandeep Singh	Mandeep Singh



## GKSM Government College, Tanda Urmar (Hoshiarpur)

**Title: Confident Conversations: A Roadmap to Effective Communication in Career Journey-17-11-2019**

**Report:** On November 17, 2019, Professor Parvinder Kaur, from the Department of History, conducted a seminar titled "Confident Conversations: A Roadmap to Effective Communication in Career Journey." The event attracted 67 students and focused on enhancing communication skills within the context of career development. Professor Kaur skillfully combined historical insights with practical communication strategies, creating an interactive learning atmosphere.



The seminar aimed to underscore the importance of confident communication in professional advancement and equipped participants with practical tools like Effective body language, active listening skills etc. to navigate diverse communication scenarios with assurance. Overall, the session made a meaningful contribution to the comprehensive development of the attendees.



### Attendance Sheet

GKSM Government College, Tanda Urmar (HSP.)

Attendance Sheet

Name of the event: Confident Conversations

Department: \_\_\_\_\_

Objective: \_\_\_\_\_

Date: 17/11/2019

S.No.	Roll No.	Class	Name	Signature
1			Somali	Somali
2			Banshri	Banshri
3			Komalpreet	Komalpreet
4			Rada	Rada
5			Amjali	Amjali
6			Asli Davi	Asli Davi
7			Amrita	Amrita
8			Mandeep Kaur	Mandeep Kaur
9			Meharpreet Kaur	Meharpreet Kaur
10			Tamvran Kaur	Tamvran Kaur
11			Pragatika	Pragatika
12			Sumita Bai	Sumita Bai
13			Harpreet Kaur	Harpreet K
14			Pritya Rani	Pritya Rani
15			Karan	Karan
16			Sukhvira Singh	Sukhvira Singh
17			Kuldeep Singh	Kuldeep Singh
18			Harlot Singh	Harlot Singh
19			Gurpreet Singh	Gurpreet Singh
20			Kuldeep Kaur	Kuldeep Kaur
21			Mandeep Kaur	Mandeep Kaur
22			Rani	Rani
23			Mamta	Mamta
24			Mandeep Kaur	Mandeep K
25			Preeti	Preeti
26			Pooja Rani	Pooja Rani

S.No.	Roll No.	Class	Name	Signature
27	1306		Karan	Karan
28	1318		Abhishek S.	Abhishek S.
29	1327		Sayan	Sayan
30	1330		Komalpreet Singh	Komalpreet Singh
31	1348		Mandeep Singh	Mandeep Singh
32	1357		Mandeep Singh	Mandeep Singh
33	1359		Mandeep Singh	Mandeep Singh
34	1389		Sukhvira Singh	Sukhvira Singh
35	1408		Mandeep Singh	Mandeep Singh
36	1411		Harpreet Kaur	Harpreet Kaur
37	144		Bhupinder Kaur	Bhupinder Kaur
38	147		Sunil Rani	Sunil Rani
39	923		Komalpreet K	Komalpreet K
40	916		Rajinder Kaur	Rajinder Kaur
41	915		Somali	Somali
42	933		Harpreet Kaur	Harpreet Kaur
43	945		Mandeep Singh	Mandeep Singh
44	950		Mandeep Singh	Mandeep Singh
45	913		Suman	Suman
46	914		Mandeep Kaur	Mandeep Kaur
47	915		Rajinder Kaur	Rajinder Kaur
48	1772		Amrita	Amrita
49	1774		Pooja Rani	Pooja Rani
50	1782		Mandeep Singh	Mandeep Singh
51	1784		Rajinder Kaur	Rajinder Kaur
52	2000		Rajinder Kaur	Rajinder Kaur