



Careers and Opportunities in Physical Education & Sports



MANMOHAN SINGH (Assistant Professor)
DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS GKSM GOVT
COLLEGE TANDA URMAR(HSP)

- In olden days Sports and Games / Sports activities participation were
 - Enjoyment
 - Satisfaction
 - Entertainment
 - Bravery / Reward



Higher Education

- JRF – UGC
- NET – UGC
- SET/ SLET



Allied areas




- Sports Management
- Sports Sociology
- Sports Tourism
- Sports Journalism
- Yoga Education

- Sports Training
- Sports Biomechanics
- Sports Kinesiology
- Sports Psychology
- Sports Physiology
- Sports Statistics
- Sports Nutrition
- Sports Anthropometry
- Sports Bio Chemistry
- Sports Medicine
- Measurement & Evaluation



Diploma in Sports Coaching (22)- Centr

S.No.	Patiala	Bangalore	Kolkata
1.	Athletics	Athletics	Archery
2.	Boxing	Badminton	Athletics
3.	Basketball	Hockey	Boxing
4.	Cricket	Kabaddi	Football
5.	Fencing	Kho Kho	
6.	Gymnastics	Swimming	
7.	Judo	Softball	
8.	Hockey	Taekwondo	
9.	Table Tennis	Tennis	
10.	Volleyball	Volleyball	
11.	Wrestling		
12.	Wushu		
13.	Weightlifting		

Master of Sports Coaching (2 year) NSNIS Punjabi University Patiala

Sports Discipline

- Athletics
- Basketball
- Football
- Gymnastics
- Hockey
- Swimming
- Volleyball
- Weightlifting
- Wrestling



Eligibility

- Graduate
- Diploma in Sports Coaching from SAI/NSNIS or its other centres with 60 % marks
- Aptitude for research work
- Sports Proficiency
- Age not more than 45 years
- Fees Structure: Rs.1,68,700/- (for two years)



Master of Sports Coaching programme offered by another university

LNUPE, Gwalior

- Athletics
- Football
- Volleyball



TNPE & S University, Chennai

- Football
- Volleyball



P.G. Diploma in Sports Coaching Programme offering Universities

LNUPE, Gwalior

- Athletics
- Basket ball
- Cricket
- Football
- Judo
- Hand ball
- Hockey
- Volley ball



TNPE& S University, Chennai

- Football
- Volleyball



YMCA College of Physical Education

- Swimming
- Tennis



Sports Federation

- Most of the Sports federation conducts coaching Certification Programme.
- These programme duration varies Sport to Sport
- Most of the Sport federation classify the certification programme as per given below
 - Level I
 - Level II
 - Level III



OTHER COURSES OFFERED BY SAI ,

- Post Graduate Diploma in Sports Medicine (PGDSM) – 2 years – for physician
- Coach development programme
- IOC Solidarity courses in Sport
- Advance courses for in service coaches
- Refresher course in Sports Coaching
- Sports Massage course
- Ground Management Course (For Ground men)

Fitness Courses



P.G. Diploma

- Fitness Management
- Exercise therapy
- Fitness and Wellness Management
- Fitness and Nutrition
- Obesity & Weight Management
- GYM /Aerobic Instructor

Diploma Courses

- Life Guard Training
- GYM /Aerobic Instructor



Yoga Programmes

Research Programme

- M.Phil.
- Ph.D.

PG Programme

- M.Sc. Yoga
- M.Sc. Yoga therapy
- M.Sc. Yoga and Naturopathy
- M.A. Yoga

UG Programme

- B.Sc. Yoga Nature cure
- B.Sc. Yoga and Naturopathy

P.G. Diploma

- Yoga
- Yoga therapy
- Yoga and Diabetes
- Yoga and Back Pain
- Yoga and Asthma & Sinus
- Yoga and Women related Ailments
- Yoga and Yogic Diet
- Yoga and Sports First Aid
- Yoga with alternative therapy

Diploma Courses

- Yoga

Certificate Courses

- Yoga
- Yoga and Nature cure





Martial Arts courses

P.G.Diploma

- Silambam Fencing
- VARMA and Thokkanam (Massage) Sciences



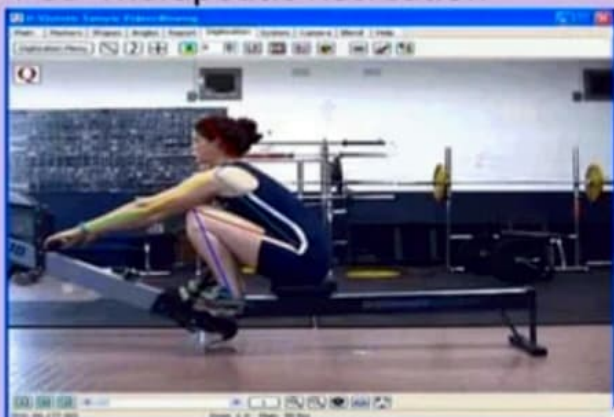
Diploma Courses

- VARMA and Thokkanam (Massage) Sciences
- Silambam Fencing
- Kalaripayattu
- Karate



Management & other P.G. courses

- MBA (General)
- MBA (Sports Management)
- M.Tech. Sports Technology
- M.Sc. Sports Psychology & Sociology
- M.Sc. Exercise Physiology and Nutrition
- P.G. Diploma in Sports Management
- M.Sc. Sports Biomechanics & Kinesiology
- M.A. Mass Commutation & Sports Journalism
- P.G. Diploma in Sports Journalism
- B.M.S
- PGD Therapeutic Recreation



Career in Sports Journalism

- Knowledge of Sport
 - Fundamental Skill of the Game
 - Rules / Laws of the Game
 - Statistics of the team and players
 - Details about the Venues, Climatic condition, ground condition
 - Ability to analysis the match critically
- Excellent writing skills and Language proficiency
- Reporting



Career in Sports Commentary

- Knowledge of Sport
 - Fundamental Skill of the Game
 - Rules / Laws of the Game
 - Statistics of the team and players
 - Details about the Venues, Climatic condition, ground condition
 - Ability to analysis the match critically
- Excellent speaking voice and Language proficiency
- Physical attraction



Career in Officiating

- Clearing Officiating Examination both theory and practical conducted by respective Sports federation both National and International level
- Physical & Mental Fitness
- Rules and Laws of the games



Career in Sports Administration

- Honorary post (office bearers)
- Chief Executive Officer (CEO)
- Media manager
- Manager Coaching academy
- Manager Umpire academy
- Stadium In charge



EDUCATIONAL INSTITUTION

- Professor
- Associate Professor
- Assistant Professor
- Director of Physical Education
- Deputy Director
- Assistant Director
- Sports Officer
- Sports Secretary
- Physical Director
- RIPE
- Physical Education Teacher
- Physical Training Instructor
- Part Time Special Teacher



Research Center

- Senior Scientific Officer
- Scientific Officer
- Junior Scientific Officer
- Sports Software Developer



OTHER OPPORTUNITIES

- Fitness trainer
- Aerobics instructor
- Fitness Consultant
- Coach Consultant
- Personal Trainer
- Sports analyst
- Sports Physiologist
- Sports Psychologist
- Sports Biomechanics analyst
- Sports Nutritionist
- Gym instructor
- Fitness Infrastructure Developers
- Sports Infrastructure developers
- CEO
- Marketing Manger
- Coach
- Physical instructor
- Umpire/ match referee
- Sports journalist
- Sports commentator
- Marketing executive
- Yoga master



In the recent past sports person getting job opportunities government , public and private sectors

- Rail ways
- Banks
- Customs
- Income tax
- Army
- Navy
- Air force
- Police
- Other uniform services
(BSF, RPF, Fire Service)
- Integral coach factory
- Transport Corporation



- Postal
- AG Office
- Telecom
- Port trust
- Electricity board
- Textile companies
- Industrial houses
- Media houses
- SAIL
- TATA
- TVS
- Insurance



Sports Careers is short

- Academics in Physical Education & Sports
- Career Opportunities





Academic Courses

Academic Courses



Physical Education

Allied Areas



Academics in Physical Education

Diploma & Certif.

- D.P.Ed.
- C.P.Ed.

UG Programmes

- B.P.E
- B.P.Ed
- B.Sc (Physical Education)

PG Programmes

- M.P.Ed
- M.P.E

Research Programmes

- M.Phil.
- Ph.D.
- D.Lit./ D.Sc.



Eligibility

Eligibility aspects	Category "A"	Category "B"	Category "C"
Education qualification	Minimum UG Degree	10 +2 / Matriculation	10 +2 for candidates from North East Region & Andaman Nicobar Island
Sports Achievement 	Two time participation in Inter University (Zonal) competitions/Senior National Championship/ National Games/Inter Services, Inter Railways, All India Police Games/Junior International competition/once medal winner in School Games/Junior National Championship.	Participation in Asian Games/Common Wealth Games / Senior Asian Championship/ Olympic Games/ Senior World Championships 	At least one time participation in Senior National Championship or Medal Winner in North East Festivals. 

Diploma in Sports Coaching Programm offered by LNUPE, Gwalior

- ✓ Athletics
- ✓ Basketball
- ✓ Football
- ✓ Handball
- ✓ Volleyball



Certificate in Sports Coaching (Six weeks)

Period :May-June

Sports Discipline (25)

- Archery
- Athletics
- Badminton
- Basketball
- Boxing
- Cricket
- Fencing
- Football
- Gymnastics
- Handball
- Health & Fitness Management
- Judo
- Kabaddi
- Kho Kho
- Netball
- Sapak Takraw
- Softball
- Swimming
- Table tennis
- Taekwondo
- Tennis
- Volleyball
- Wrestling
- Wushu
- Yoga

